



## **2022 LEGACY'S- JUNETEENTH Track Showcase!**

**Tuscarora High School**  
**801 King St, Leesburg, VA**  
**Saturday June 18th, 2022**

- Events will be run in **2 sections** (outlined on next page).
- **Section 1: 8U-11/12**  
**Section 2: 13/14, 15/16, 17/18, OPEN/MASTERS**
- Spectators must purchase a wristband before the meet. **A Spectator Payment link** will be sent to the team coach or staff that registered the athletes (to share with their parents) and to the email associated with unattached athletes. **Cost: \$10 all day**. You must have a wristband on to enter the meet.
  - **The link will go live on June 1st and posted on CoachO.com. NO REFUNDS ON SPECTATOR WRISTBANDS**
  - 1 Coach's wrist band per 10 athletes will be provided in the team packet (minimum of 10 athletes to receive a coach's wristband).
- Spectator Tents will be allowed in the bleachers, in designated areas.

**TENT CITY: LOCATED ON THE PRACTICE FIELD**



**Meet schedule and set up.**

**This meet will be sanctioned under USATF. All ages, girls and boys (listen for the age group calls and come race ready to check-in)**

## **SECTION 1: 8U-11/12**

**Start at 8am-SHARP Field Events. The 3000M will start at 8:30am**

### **Order of Events**

#### **Field Events**

**Long Jump, Shot put, Turbo Javelin, Triple Jump, High Jump, Discus**

**NOTE: Discus will start after the Shot Put has completed.**

**Triple Jump will start after the Long Jump has completed**

**(OLDEST TO YOUNGEST)**

#### **RUNNING EVENTS- ROLLING SCHEDULE**

- 3000 Meter Run**
- 50 M (Primary (5/6)**
- 80 M hurdles**
- 100 M Hurdles**
- 100M Finals (Primary (5/6)**
- 100M Prelims**
- 1500M**
- 400M**
- 100M Finals**
- 4 X 100 M Relay**
- 200 M**
- 800 M**
- 4 X 400M Relay**

**See Section 2 below**

**SECTION 2:** Age groups 13/14, 15/16, 17/18. Open/Masters

## **Order of Events**

### **Field Events**

Long Jump, Shot put, Turbo Javelin, Triple Jump, High Jump, Discus

**NOTE:** Discus will start after the Shot Put has completed. Triple Jump will start after the Long Jump has completed. OLDEST TO YOUNGEST

Start immediately after Section 1 is over

**NOTE:** Arrive at the stadium no later than 2pm:  
Running events will not start before 3pm.

### **Rolling Schedule**

- 100 M Hurdles
- 110 M Hurdles
- 100 M Prelims
- 1500M
- 400M
- 100M Finals
- 4 X 100 M Relay
- 200 M
- 800 M
- 4 X 400M Relay
- 3000M Run

## **SCHEDULE**

6:30 am Packet Pick-up (Section 1)

7:40 am Coaches Meeting

7:50 am National Anthem, Lift Every Voice and Sing (Juneteenth Anthem)

8:00 am Section 1 Meet Starts

1:00 pm Packet Pick-up (Section 2)

## **AWARDS:**

1st—3rd place will receive Medals

4th—6th place will receive Ribbons

**MVP Award** to the highest scoring athlete in each division in individual events (**relays do not count in the scoring**)

Team medals/ribbon can be picked up after each section is over.

Unattached athletes may pick up their awards when their event has completed and posted. Please make sure you have a coach or someone stay to pick up your team medals after each section. Medals/ribbons **will not be mailed**.

## **FACILITIES**

An 8-lane all-weather track. Spikes of 1/4" are allowed.

All jumping surfaces are all weather rubber.

## **IMPLEMENTS:**

All teams/unattached athletes must provide their own implements (shots, discus, turbo-javelin).

**FULLY AUTOMATED TIMING (F.A.T.)** by Bernard Canady (Mantronix Sports). Barcode or link for live results will be available at the meet. Final results will be posted on CoachO.com

**CONCESSIONS:** Will be available